PRINCIPLES OF DONOR PLATELET APHERESIS

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What is an Apheresis Donation?

- Apheresis involves the use of machines to selectively collect a blood component (red cells, platelets, white cells or plasma).
- A specific blood component is selected and is automatically separated by the machine (most commonly platelets or plasma).
- The components that are not required are returned to the donor.
- The advantage of an apheresis donation is that relatively large amounts of the component can be selectively collected.

What are Platelets?

- Platelets are colorless, irregularly shaped bodies found in blood.
- The primary role of platelets is to prevent bleeding in injured blood vessel walls by forming an aggregate at the site of injury.
- Platelets can also participate in blood coagulation, inflammation and wound healing.

Who can Donate Blood

Age: 17th – 71st birthday (regular donor)

17th - 61st birthday (first time donor)

Weight: At least 50 kg (110 lbs)

Hemoglobin: Must meet requirements

Frequency of Donation: Minimum interval between donations is 56 days

Health: In good health and feeling well.

Screening: At time of donation, a number of questions are asked

to determine donor eligibility, e.g.:

If donor has had a

Donor must wait before donating for...

Dentist visit: 3 days after visit

• Cold, flu or sore throat: Full recovery

Ear/ body piercing or tattooing: 6 months

Why are Single Donor Apheresis Products Requested?

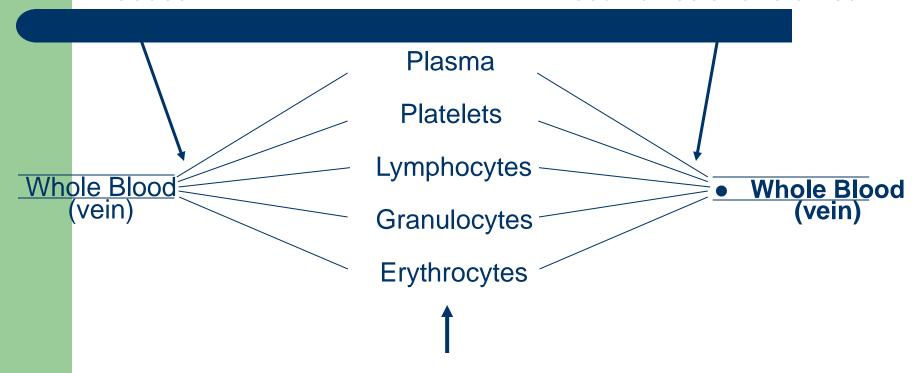
Platelets:

- To prevent alloimmunization (e.g., bone marrow transplantation).
- For refractory patients, HLA/platelet antigen matched for patients with specific HLA/platelet antibodies.
- For directed donations, e.g., mother to baby for neonatal thrombocytopenia (NTP).

Principles of apheresis

Anticoagulant added

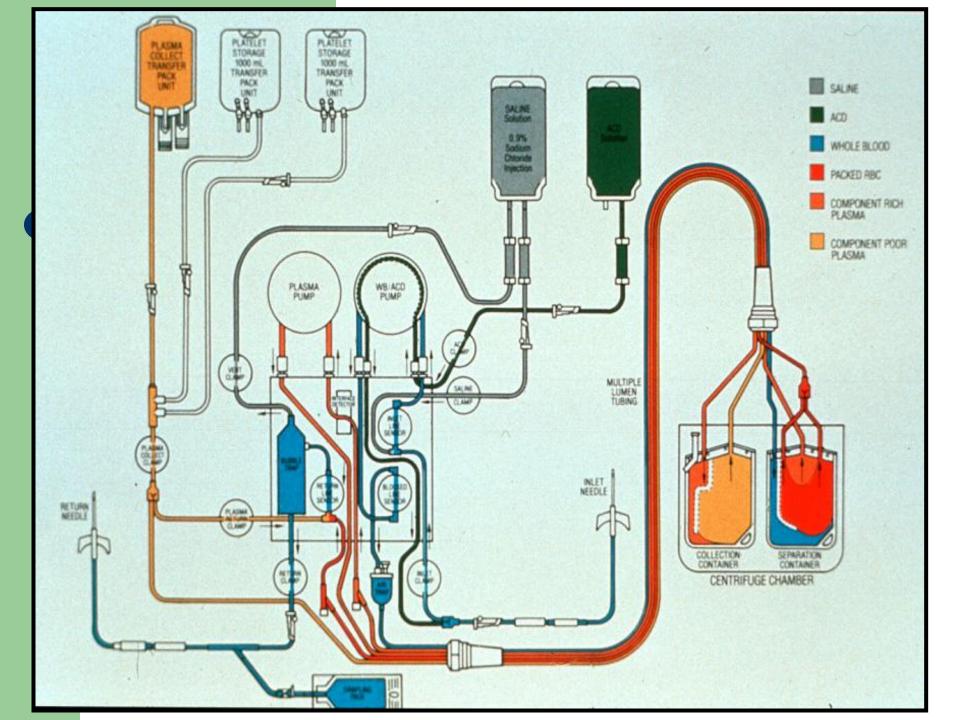
Remaining blood components recombined and returned



Blood components separated by centifugation and selectively removed

APHERESIS PROCEDURES - GENERAL

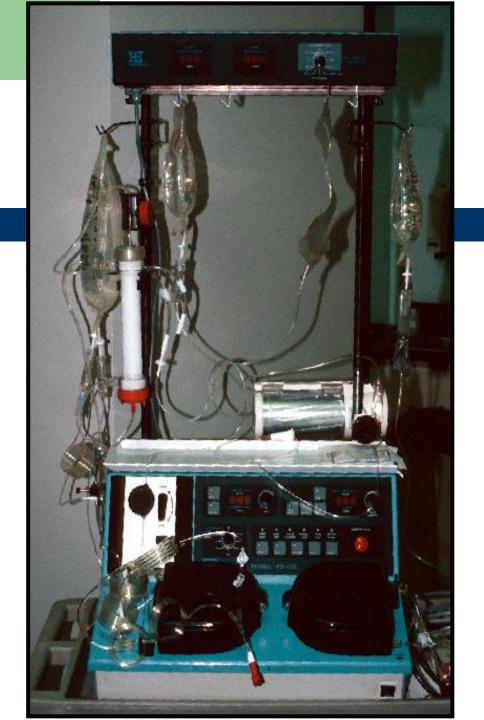
- Used for treatment or blood component donation
- Allows blood separation at bedside
- < 15% of blood volume in extracorporeal circuit
- Sterile, single use tubing and separation kit
- Anticoagulant must be added usually citrate (ACD)



Apheresis Methods

- Filtration
- Plasma only
- Europe and Japan
- Specialized U.S. procedures
- Smaller equipment, smaller extracorporeal volume
- Centrifugation
- Most versatile
- Any cell or plasma can be removed
- Popular in U.S.
- Larger equipment and larger extracorporeal volume







APHERESIS TECHNOLOGY

(centrifugal)

Continuous flow

- One or two access points
- Continuous blood separation

Intermittent flow

- One access needed
- Blood separation in cycles
- Slightly longer processing time
- Slightly larger extracorporeal volume

DONOR APHERESIS

APHERESIS DONOR COLLECTIONS

- Platelets
- Plasma
- Granulocytes
- Red blood cells
- Lymphocytes
- Peripheral blood stem cells

Donor Apheresis

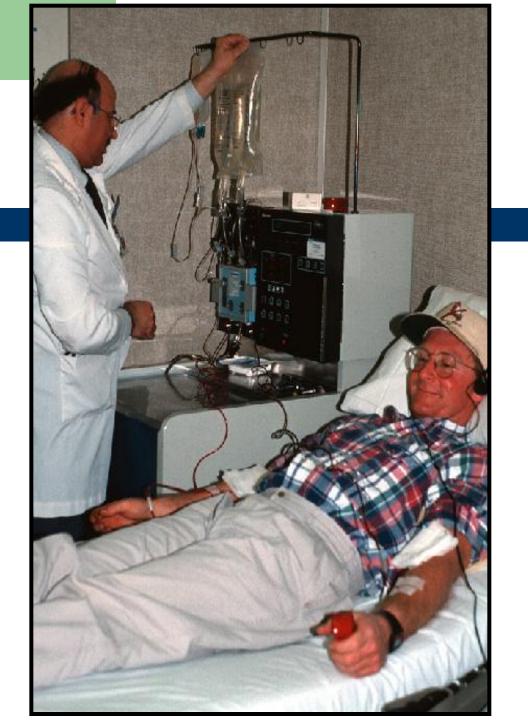
- Advantages
- Select only component(s) needed
- Return rest of blood
- No need for component separation in lab
- More frequent donation allowed (some)
- Disadvantages
- Expense/equipment/training
- Citrate exposure

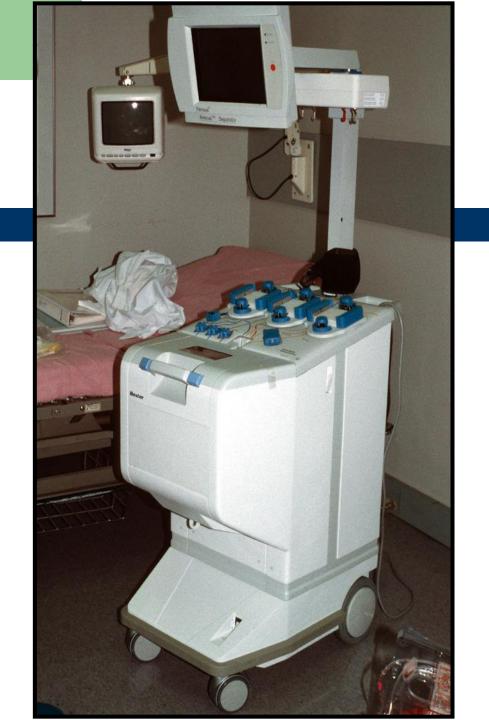
Donor Apheresis

- Probable trend in future
- May totally replace whole blood donation
- Can customize collection:
- Individual donor preferences
- Blood type of donor
- Inventory needs of blood center

DONOR APHERESIS EQUIPMENT - U.S., 2002

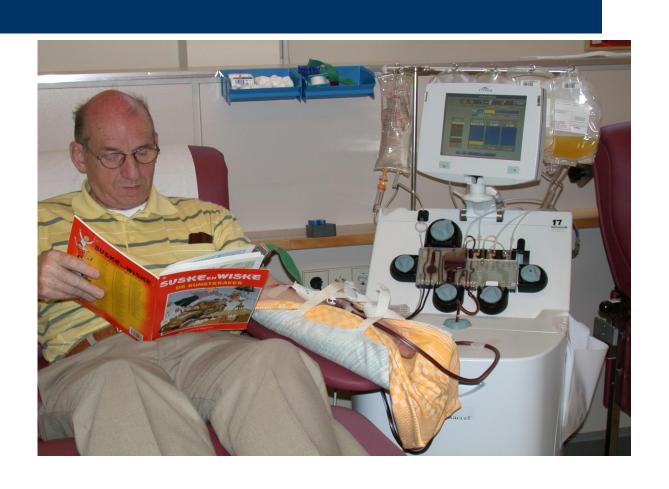
- Continuous Flow
- Baxter/Fenwal CS-3000 Plus, Amicus
- Gambro/Cobe
 Spectra, Trima
- Intermittent Flow
- Haemonetics LN-8150 MCS, LN-9000 MCS







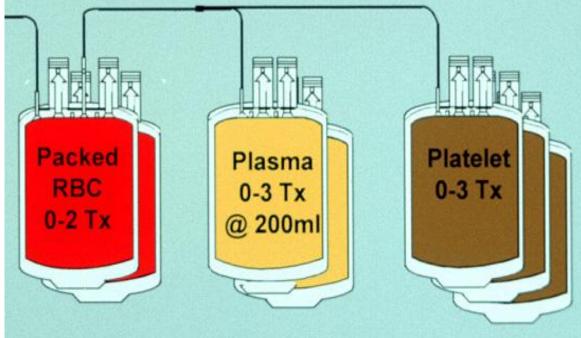
TRIMA Accel



Automated Blood Component Collection System



2 - 3 Transfusions



COMPLICATIONS - DONOR APHERESIS

- Common
- Citrate toxicity
- Hematoma or infiltration
- Rare
- Allergy (citrate, plasticizer)
- Cellulitis
- Thrombosis
- Change in volume status

CITRATE

- Chelates calcium
- Metabolized in liver, kidney and skeletal muscle
- Cleared quickly from circulation
- Administered as ACD

SIGNS/SYMPTOMS OF CITRATE TOXICITY

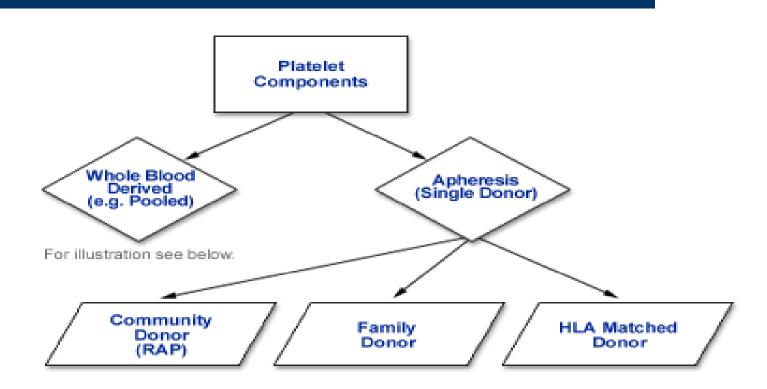
- Tingling/numbness around nose and mouth "circumoral parasthesias"
- More extensive tingling
- Muscle cramping
- Vibration in chest
- Nausea
- Tetany
- Chvostek's sign

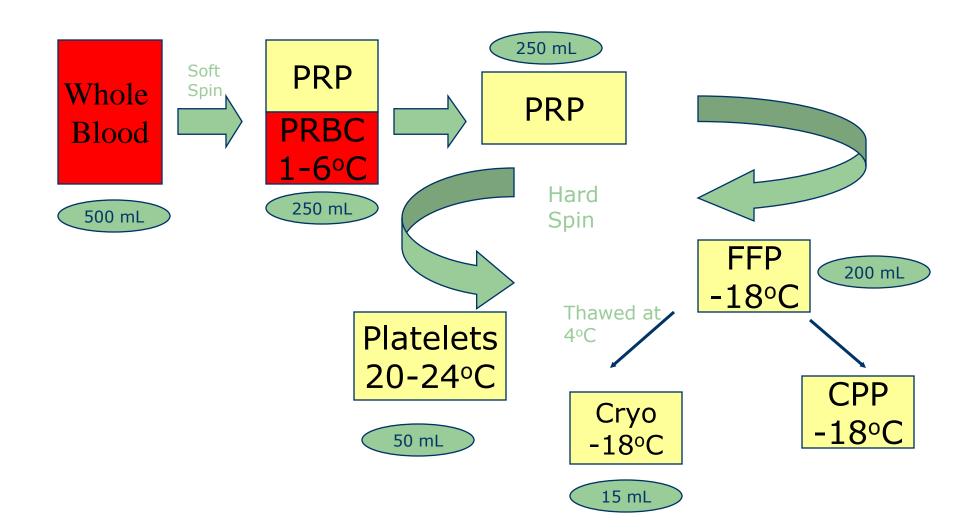
TREATMENT - CITRATE TOXICITY

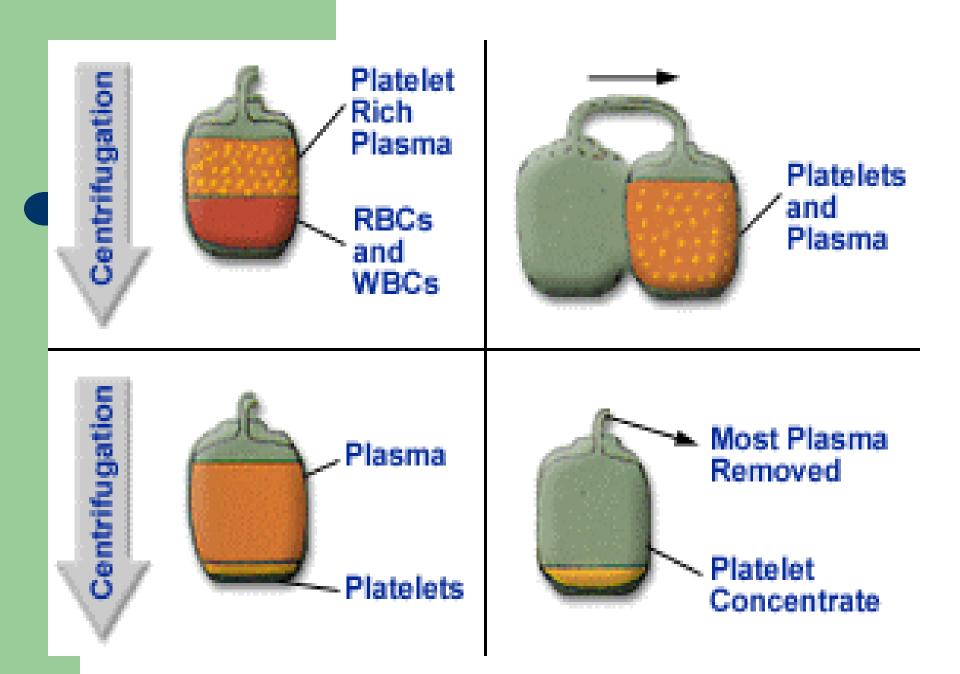
- Mild cases:
- Tums
 - -Milk
 - -Slow procedure
 - -Decrease ratio of anticoagulant to blood
- No bleeding tendency
- Much anticoagulant removed in platelet collection
- Severe cases -- IV calcium replacement

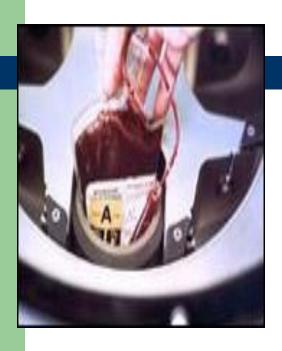
PLATELET APHERESIS

Available Platelet Preparations













DONOR ELIGIBILITY - PLATELET APHERESIS

- No whole blood donation for 8 weeks
- No platelet donation for 48 hours
- No aspirin in last 36 hours
- Platelet count >150,000/ul
- No more than 2 times per week
- No more than 24 donations in one year

PLATELET COUNT-PLATELET APHERESIS

- Platelet count drops 25-35% after procedure
- Rarely below 90,000
- No bleeding complications
- Recovers in several days

APHERESIS QUALITY CONTROL

•Platelets:

- $\ge 3.0 \times 10^{\circ}$ platelets per collection (90%)
- $pH \ge 6.2 at 5 days (90\%)$
- May check at issue if none available at 5 days
- Test at least 4 per month:
 - Site, manufacturer, split vs single

Granulocytes:

 $- \ge 1.0 \times 10^{10}$ WBCs per collection (75%)

SPLIT APHERESIS PLATELETS

- Donor with high platelet count
- Slightly longer procedure
- Yields bag of equal to or greater than 6.5 x 10" platelets
- Split immediately into two or three "doses"



PLATELET UNIT COUNTING

- QC for count and pH (4 per month)
- Also must count every bag
- Not required to label bag with count
- Low count bags must be so labeled

LEUKOREDUCTION AND PLATELET APHERESIS

 Gambro/Cobe - LRS system for Spectra and Trima

Fenwal - Amicus with elutriation

Haemonetics - Filter in MCS kit



ADVANTAGES – LEUKOREDUCTION IN APHERESIS

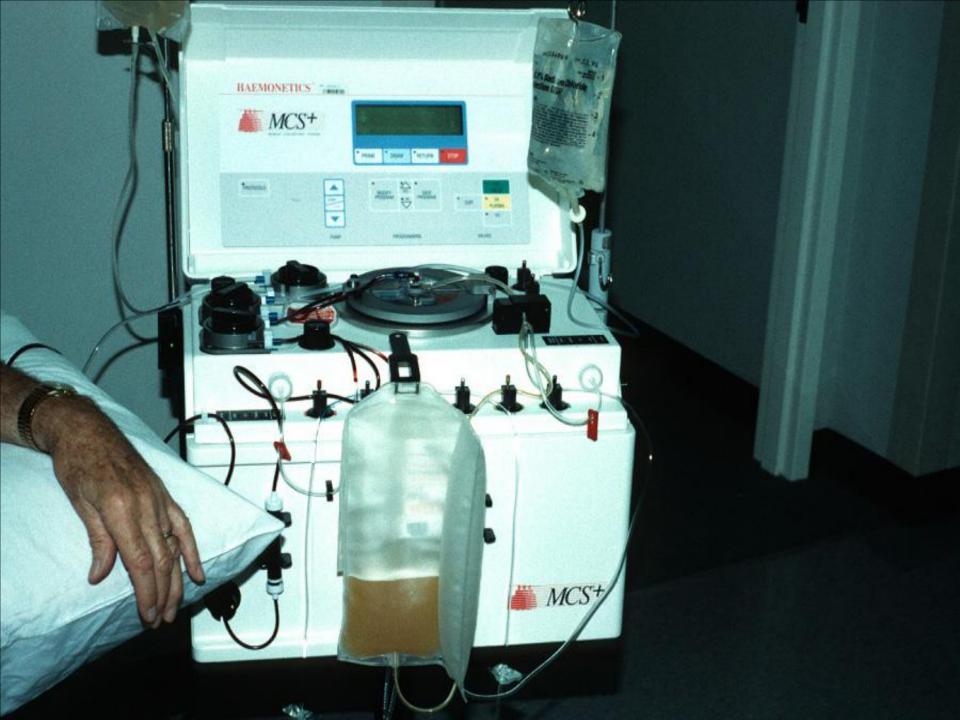
- Leukoreduction prior to storage
- No filter failure

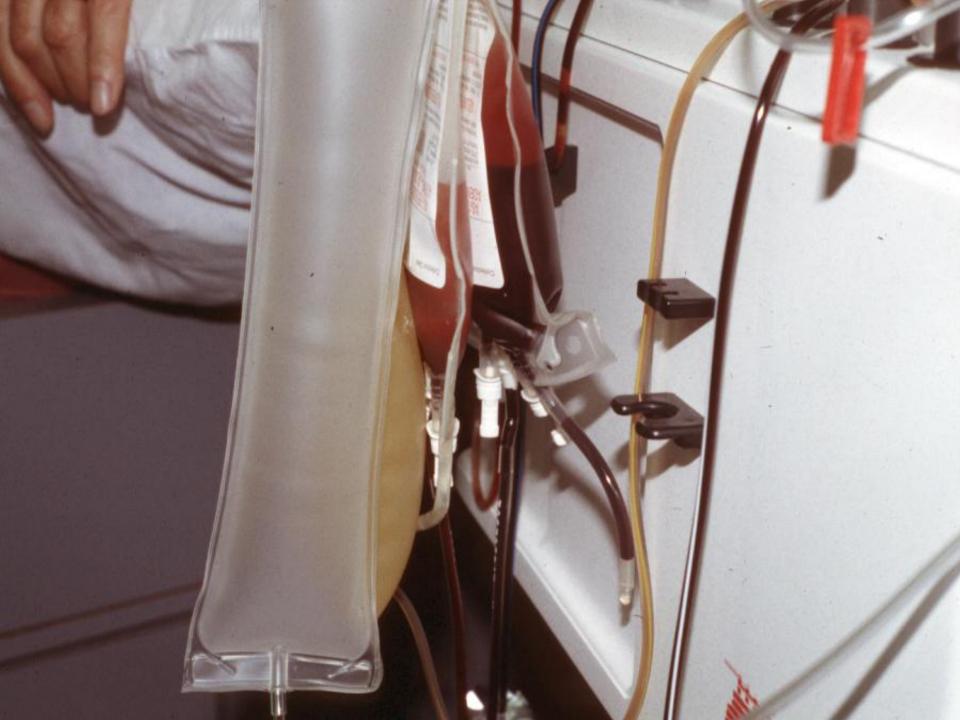
No loss of cells in filter

Possible cost advantage

CONTAMINATION LEUKOCYTE LEVEL - QUALITY CONTROL

- WBCs < 5.0x10⁹ routinely
- WBCs < 5.0x10⁶ to be "leukoreduced"
- Europe and proposed U.S. 1.0 X 10⁶
- Must count 4 per month per each site and technology (singles, doubles, and triples)

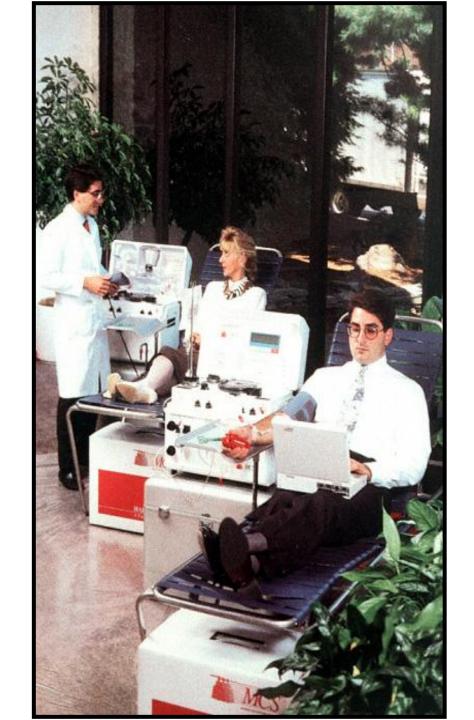




APHERESIS COMPONENTS WITH SAME NUMBER

- Double RBC collections
- Double platelet collections

Aliquots of jumbo plasma





Apheresis Procedure Length

- Red cells plus plasma -- 40 minutes
- Double red blood cells -- 45 minutes
- Platelets (single) -- 70 to 120 minutes
- Granulocytes -- 3 hours
- Peripheral blood stem cells -- 4 to 6+ hours

Platelets Pheresis

- Hemapheresis is used to harvest a therapeutic adult dose of platelets from one individual donor
- Contains > $3x \cdot 10^{11}$ platelets
- Equivalent of 6-8 units of platelets
- Leukocytes reduced

PLATELET PACKS: SINGLE DONOR

- Indications
 - Thrombocytopenia (<50,000/microL)
 - Cancer patients having chemo. or radiation (<20,000)
 - DIC (<50,000)
 - Massive transfusion (<50,000)
- If patient becomes refractory to plts (has plt Abs), will need to give single donor packs (plateletpheresis units)
 - determine 1 hr post transfusion plt increment (see p. 347)
 - if less than 50% of expected two times, pt. considered refractory
- ABO/Rh compatible

PLATELET PACKS: SINGLE DONOR

- Processing requires special equipment to perform apheresis procedure
- At least 3 X 10¹¹ plts in 300 mL
- Storage at RT with constant agitation for 5 days
- Indications same as for random donor packs but patient has been shown to be refractory
- Expected net gain 30,000 to 60,000/microL
- ABO/Rh compatible; may also type to determine HLA compatibility

Haemoglobin Testing



Bacterial Detection of Platelet Products

- AABB requirement since 3/04
- Two commercial systems detecting
 - CO₂ generation
 - O₂ consumption
- Swirling or pH

DOCUMENTATION

Documents

- approved information that describes the organisation's quality system policies, processes and procedures
- mostly SOPs eg. PLT preparation

Records

capturing process/ procedure data on forms eg. PLT log

Quality System Documentation Heirarchy

Quality Manual

Quality system process descriptions

SOPs

Forms, Labels, Reports

I POLICY DOCUMENTS what will be done

II PROCESS DESCRIPTION DOCUMENTS how it happens

III PROCEDURE DOCUMENTS how to do it

IV DECORDS what was dan

IV RECORDS what was done

Documentation

Component preparation

General rules remain Blood collection

- type of bags
- Time
 - collection time
 - bet' collection and separation
 - time of storage

Separation

- centrifuge
- centrifugation time and speed

Platelet concentrate (RDP) Quality Control

Facilit	y Name	
Date _		

Centrifuge #	Donor #	Expiration date	Volume 40-60 ml	рН > 6.2	Platelet count	Total plts per unit >5.5 x10 ¹⁰	Results Acceptable? Yes/No	Date tested	Tech

Total % units meet	ing requirements	
pH (100%)	Volume (100%)	Plt count (>75%)
Comments		

Reviewed by _____ Date ____

MAINTENANCE

Equipment maintenance



installation

- Installation validation
- Preventive maintenance AMC
- Regular calibration, and after repairs
- Performance monitoring

RECORDS OF EQUIPMENT MAINTENANCE

- Instrument serial # _____
- Model no.
- Name of supplier
- Dates of breakdown / repairs

Signature _____

CALIBRATION

Establishment of accuracy over operating range by appropriate reference material/ calibrators

All calibrated equipment label with

- date of last calibration and signature
- date of next calibration

CALIBRATION

PERFORMANCE CHECKS

To verify that instrument in specified range of accuracy and precision

REFERENCE STANDARDS

Measurement standards

Certificate of assigned values

Traceable to national standard of measurement

- Precalibrated certified stds.
- Internal working std.

RECORDS OF CALIBRATION

•	Instrument serial #
•	Date of calibration
•	Due date of next calibration
•	Details of adjustment/repairs
•	Results of calibration
	before/after repairs
•	Statement of compliance

Signature _____

LABELING

Critical material in document management system

- Must conform to regulatory requirements
- Quality supervisors must review/ approve before use
- Specific and controlled- size, type, wording
- Bar coded labels
 ISBT 128: information, wording, location stdzed enhances efficacy, accuracy & safety
- Master set, careful when change out of old stock
- Special labeling e.g. irradiated or LD product

7HANK YOU